

CARE AND TREATMENT PLAN

Gall y cynllun hwn cael ei gwblhau yng Nghymraeg neu yn Saesneg
This plan may be completed in either the Welsh or the English language

Mental Health (Wales) Measure 2010 Section 18 – Care and Treatment Plan

This care and treatment plan has been prepared under section 18 of the Mental Health (Wales) Measure 2010, and in accordance with the requirements of the Mental Health (Care Coordination and Care and Treatment Planning) (Wales) Regulations 2011.

This is the care and treatment plan of

*Name of
relevant patient*

who is living at

*Full usual
address of
relevant patient*

The care coordinator who has prepared this care and treatment plan is

*Name of care
coordinator*

who can be contacted at

*Telephone
number and
address of care
coordinator*

The care coordinator has been appointed by, and is acting on behalf of,

*Name of Local
Health Board
or Local
Authority that
appointed the
care
coordinator*

This care and treatment plan records the outcomes which the provision of mental health services are designed to achieve, and details of those services.

The outcomes are:

The planned outcome(s) must relate to one or more of the following areas, and include an explanation of how they relate to those areas:

- a) accommodation*
- b) education and training*
- c) finance and money*
- d) medical and other forms of treatment, including psychological interventions*
- e) parenting or caring relationships*
- f) personal care and physical well-being*
- g) social, cultural and spiritual*
- h) work and occupation*

Outcomes may be achieved in other areas as well, but this care and treatment plan must include at least one outcome which relates to the areas set out above.

The requirements and wishes of the patient in relation to the Welsh Language are:

The services that are to be provided and the actions that are to be taken, with a view to achieving the outcomes set out above, are:

Detail the services and/or actions that are to be provided to meet the planned outcomes, and detail when and where these will be provided, and by whom

What services and/or actions	When	Who by	Where

The following arrangements cover the steps that may need to be used at short notice to prevent any changes in circumstances escalating into a crisis (this is known as a contingency plan):

The following actions should be taken in a crisis situation (this is known as a crisis plan):

The views of the relevant patient on this care and treatment plan, the mental health services that are to be provided, and any future arrangements that should be considered, are:

Record the views of the relevant patient (including past and present wishes and feelings about the matters covered by the plan), and include any statements about any future arrangements which may apply

This care and treatment has

* been agreed with the relevant patient, and is recorded in accordance with section 18(2) of the Mental Health (Wales) Measure 2010

* not been agreed with the relevant patient, but the outcomes have been determined by the mental health service provider(s) and is recorded in accordance with section 18(6) of the Mental Health (Wales) Measure 2010

** delete as applicable (one, but not more than one, statement must apply)*

So far as it is reasonably practicable to do so, the following mental health service provider(s) must ensure that the mental health services set out in this care and treatment plan are provided:

Enter the name of the Local Health Board and/or the Local Authority who are responsible for providing secondary mental health services to the relevant patient

Signed

Care Coordinator

The care coordinator must sign this care and treatment plan

Signed

Relevant patient

The relevant patient may sign the care and treatment plan, if they wish

Date

Enter the date the care and treatment plan is made