

| Local Authority | IMCA Organisation | Lead Contact Name | Telephone | Email |
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| Barking & Dagenham | HUBB | Pam Macklin | 020 8590 2666 | pam@hubb.eclipse.co.uk |
| Barnet | Rethink | Judy Weiner | 020 7700 7077 | judy.weiner@rethink.org |
| Barnsley | VoiceAbility | Heidi Baum / Corrina Ward | 01226776851 / 0845 650 0081 | heidi.baum@speakingup.org ; corrina.ward@speakingup.org |
| Bath & N E Somerset | Bath Mind | Sue Sherrin | 01225 316330 | suesherrin@bathmind.org.uk |
| Bedfordshire | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Bexley | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
| Birmingham | Advocacy Matters - Boldmere Just Services Ltd | Eissa Wheeler Liz Mackenzie | 01213546136 / 0121 321 2377 0116 2293102 | eissa.wheeler@advocacymatters.co.uk justandwhitehill@yahoo.com |
| Blackburn | East Lancashire Advocacy Central Advocacy N-Compass | Katrina Miller Katrina Miller Katrina Miller | 01772 524469 / 01254 301030 01772 524469 01772 524469 / 01253 362 140 | katrinam@centraladvocacy.org.uk katrinam@centraladvocacy.org.uk katrinam@centraladvocacy.org.uk |
| Blackpool | East Lancashire Advocacy Central Advocacy N-Compass | Katrina Miller Katrina Miller Katrina Miller | 01772 524469 / 01254 301030 01772 524469 01772 524469 / 01253 362 140 | katrinam@centraladvocacy.org.uk katrinam@centraladvocacy.org.uk katrinam@centraladvocacy.org.uk |
| Bolton | North West Advocacy Service | Kevin Chan | 07837337048 / 0845 680 0513 | K.Chan@nwas.org.uk |
| Bournemouth | Dorset Advocacy | Mike Pochin | 0845 3891762 / 01305 251033 | enquiries@dorsetadvocacy.co.uk |
| Bracknell Forest | Matrix Advocacy Services | Ian Grimwood | 01932 875 116 / 07903708406 | ian@matrixdtd.com |
| Bradford | Choice Advocacy Bradford & Airedale Mental Health Advocacy Group | Sam Jackson / Dave Rosser Richard Tate | 01274 391691 01274 770118 | sam@choiceadvocacy.org.uk richard.tate@bamhag.co.uk |
| Brent | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
| Brighton & Hove | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Bristol | Bristol Mind | Tom Hore | 0117 9800386 | advocacyinaction@bristolmind.org.uk |
| Bromley | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
| Buckinghamshire (joint) | Aylesbury Vale Advocates | Guilia Johnson | 01296 432313 / 01296 397035 | support@av-advocates.org.uk |
| Buckinghamshire (joint) | Age Concern Buckinghamshire | Guilia Johnson | 01296 388 058 / 01296 397 035 | guilia@ageconcernbucks.org.uk |
| Bury | Advocacy Experience | Lucy McPherson | 0844 8002776 | lmcperson@advocacyexperience.com |
| Calderdale | Cloverleaf Advocacy | June Gill | 01924 454875 | june.gill@cloverleaf-advocacy.co.uk |
| Cambridgeshire | VoiceAbility | Reiz Evans | 0122355800 / 0845 650 0081 | reiz.evans@speakingup.org |
| Camden | VoiceAbility | Kristian Tizzard | 0207 738 4235 / 0845 0175 198 | kristian.tizzard@advocacypartners.org |
| Cheshire | Age Concern | Emma Davies | 01606 881660 | emma.davies@ageconcerncheshire.org.uk |
| Cheshire | Cheshire Centre for Independent Living | Lynne Morgan | 01606 872760 | lynnemorgan@cheshirecil.org |
| Cheshire | Chester and Ellesmere Port Independent Advocacy Service | Garry MacPhail | 01244 364187 / 01244 397295 | annacepia@googlemail.com |
| Cheshire | Cheshire East Citizens Advice Bureau | Adrian White Jill Hamilton-Smith | 01270 303 005 | jill@cecab.org.uk jill@cecab.org.uk |
| Cheshire | East Cheshire Advocacy | Maggie Harwood | 01625 429 922 | maggie.harwood@btconnect.com |
| Cheshire | Independent Advocacy Cheshire | Nick Barber | 01606 42688 | nick.barber@independent-advocacy.org.uk |
| Cheshire | Cheshire East CAB North | Jacquie Grinham | 01625 426385 | jacquiegrinham@cecab-north.org.uk |
| Cheshire | Cheshire West CAB | Beverley Spicer | 01606 596383 | bev@cwcab.org.uk |
| City of London | VoiceAbility | Kristian Tizzard | 0207 738 4235 / 0845 0175 198 | kristian.tizzard@advocacypartners.org |
| Cornwall | SEAP (Support, Empower, Advocate & Promote) | Bev Price | 0845 279 9019 | bev.price@seap.org.uk |
| Coventry | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Croydon | VoiceAbility | Kristian Tizzard | 0207 738 4235 / 0845 0175 198 | kristian.tizzard@advocacypartners.org |
| Cumbria | Advocacy Experience | Lucy McPherson | 0844 8002776 | lmcperson@advocacyexperience.com |
| Darlington | Skills for People | Gemma Hill | 0191 281 7322 | gemma.hill@skillsforpeople.org.uk |
| Derby | Derbyshire MIND/Derbyshire Advocacy | Sarah Marchbank | 01332 362221 ex 3732 | enquiries@derbyshireimca.org.uk |
| Derbyshire | Derbyshire MIND/Derbyshire Advocacy | Sarah Marchbank | 01332 362221 ex 3732 | enquiries@derbyshireimca.org.uk |
| Devon | Age UK | Deevette Short | 07525126967 / 08452 311900 | imca.devon@nhs.net |
| Doncaster | VoiceAbility | Heidi Baum / Corrina Ward | 01226776851 / 0845 650 0081 | heidi.baum@speakingup.org ; corrina.ward@speakingup.org |
| Dorset | Dorset Advocacy | Mike Pochin | 0845 3891762 / 01305 251033 | enquiries@dorsetadvocacy.co.uk |
| Dudley | Dudley Advocacy | Lynda Nock / Nick Brindley | 01384 456877 | dudleyadvocacyimca@yahoo.co.uk |
| Durham | Skills for People | Gemma Hill | 0191 281 7322 | gemma.hill@skillsforpeople.org.uk |
| Ealing | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
| East Riding | Cloverleaf Advocacy | June Gill | 01924 454875 | june.gill@cloverleaf-advocacy.co.uk |
| East Sussex | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Enfield | Rethink | Judy Weiner | 020 7700 7077 | ebh-imca@rethink.org |
| Essex | Age UK Together for Mental Wellbeing | Graham Willmott Sandie McQuaid | 01268 574634 / 01245 423338 01702 349 191 | graham.willmott@ageconcernservices.co.uk southendadvocacy@together-uk.org |
| Gateshead | Skills for People | Gemma Hill | 0191 281 7322 | gemma.hill@skillsforpeople.org.uk |
| Gloucestershire | Advocacy Trust Gloucestershire | Gill Glover | 08450 511 203 | info@catglos.co.uk |
| Greenwich | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
| Hackney | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Halton | North West Advocacy Service | Kevin Chan | 07837337048 / 0845 680 0513 | K.Chan@nwas.org.uk |
| Hammersmith & Fulham | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |

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|----------------------|---|-----------------------------------|-------------------------------|--|
| Hampshire | Hampshire Advocacy Regional Group | Amanda Kent | 01256 478 999 | imca@hampshireadvocacy.org.uk |
| Haringey | Rethink | Judy Weiner | 020 7700 7077 | ebh-imca@rethink.org |
| Harrow | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
| Hartlepool | Skills For People | Gemma Hill | 0191 281 7322 | gemma.hill@skillsforpeople.org.uk |
| Havering | HUBB | Pam Macklin | 020 8590 2666 | pam@hubb.eclipse.co.uk |
| Herefordshire | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Hertfordshire | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Hillingdon | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
| Hounslow | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
| Isle of Wight | Solent MIND | Louise Bloom | 023 8033 4977 / 023 8020 8950 | lbloom@solentmind.org.uk |
| Isles of Scilly | SEAP (Support, Empower, Advocate & Promote) | Bev Price | 0845 279 9019 | bev.price@seap.org.uk |
| Islington | VoiceAbility | Kristian Tizzard | 0207 738 4235 / 0845 0175 198 | kristian.tizzard@advocacypartners.org |
| Kensington & Chelsea | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
| Kent | Kent and Medway Advocacy Service (SEAP project) | Liz Jones / Sandra Rafferty | 01892 543870 | kent.imca@seap.org.uk |
| Kingston-upon-Hull | Cloverleaf Advocacy | June Gill | 01924 454875 | june.gill@cloverleaf-advocacy.co.uk |
| Kingston upon Thames | Kingston Advocacy Group | Helen Clarke | 020 8549 1028. | imca@kaq.org.uk |
| Kirklees | Together for Mental Wellbeing | Fiona Flanagan / Sarah Goodfellow | 01924 361050 | kirkleeswakefieldimca@together-uk.org |
| Knowsley | North West Advocacy Service | Kevin Chan | 07837337048 / 0845 680 0513 | K.Chan@nwas.org.uk |
| Lambeth | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
| Lancashire | East Lancashire Advocacy | Katrina Miller | 01772 524469 / 01254 301030 | katrinam@centraladvocacy.org.uk |
| | Central Advocacy | Katrina Miller | 01772 524469 | katrinam@centraladvocacy.org.uk |
| | N-Compass | Katrina Miller | 01772 524469 / 01253 362 140 | katrinam@centraladvocacy.org.uk |
| Leeds | Leeds Advocacy | Paul Seccombe | 0113 244 0606 | paul@leedsadvocacy.org.uk |
| Leicester | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Leicestershire | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Lewisham | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
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| Liverpool | Advocacy Experience | Lucy McPherson | 0844 8002776 | lmcperson@advocacyexperience.com |
| Luton | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Manchester | Rethink | Pietro Allen | 0161 245 3262 | pietro.allen@rethink.org |
| Medway Towns | Kent and Medway Advocacy Service (SEAP project) | Liz Jones / Sandra Rafferty | 01892 543870 | kent.imca@seap.org.uk |
| Merton | VoiceAbility | Kristian Tizzard | 0207 738 4235 / 0845 0175 198 | kristian.tizzard@advocacypartners.org |
| Middlesborough | Skills for People | Gemma Hill | 0191 281 7322 | gemma.hill@skillsforpeople.org.uk |
| Milton Keynes | People's Voices | Glenn O'Halloran | | mk.imca@peoplesvoices.org.uk |
| Newcastle upon Tyne | Skills for People | Gemma Hill | 0191 281 7322 | gemma.hill@skillsforpeople.org.uk |
| Newham | Age UK Newham | Alison McClements | 020 8821 0864 | imca@ageconcernnewham.org.uk |
| Norfolk | Rethink | Ken Hawkins | 01603 485028 / 07918 706621 | ken.hawkins@rethink.org |
| N E Lincolnshire | Cloverleaf Advocacy | June Gill | 01924 454 875 | june.gill@cloverleaf-advocacy.co.uk |
| N Lincolnshire | Cloverleaf Advocacy | June Gill | 01924 454875 | june.gill@cloverleaf-advocacy.co.uk |
| North Somerset | Friend Community Mental Health Resource Centre | Simon Gourlay/ Claire Murphy | 01934 622 292 | admin@friendcmhc.com |
| North Tyneside | Skills for People | Gemma Hill | 0191 281 7322 | gemma.hill@skillsforpeople.org.uk |
| North Yorkshire | Cloverleaf Advocacy | June Gill | 01924 454875 | june.gill@cloverleaf-advocacy.co.uk |
| Northamptonshire | Total Voice (VoiceAbility) | Alison Robinson | 02033 558846 / 01604521395 | totalvoicenorthamptonshire@speakingup.org |
| Northumberland | Spiral Skills | Simon Smith | 0191 271 5353 | Alison.Robinson@speakingup.org |
| Nottingham | VoiceAbility | Don Cattell | 0115 9628277 / 07985 926473 | simon.smith@learningfirst.org.uk |
| Nottinghamshire | VoiceAbility | Don Cattell | 0115 9628277 / 07985 926473 | don.cattell@speakingup.org |
| Oldham | Advocacy Experience | Lucy McPherson | 0844 8002776 | don.cattell@speakingup.org |
| Oxfordshire | Oxfordshire Advocacy Development Group | Nigel Parsons | 01865 767462 | lmcperson@advocacyexperience.com |
| Peterborough | VoiceAbility | Reiz Evans | 0122355800 / 0845 650 0081 | imca@oadg.org.uk |
| Plymouth | Plymouth Highbury Trust | Phil Fitzsimmons | 01752 753718 / 01752 773333 | reiz.evans@speakingup.org |
| Poole | Dorset Advocacy | Mike Pochin | 0845 3891762 / 01305 251033 | imca@plymouthhighburytrust.org.uk |
| Portsmouth | SEAP (Support, Empower, Advocate & Promote) | Sian Barnett | 02392 837777 | enquiries@dorsetadvocacy.co.uk |
| Reading | Matrix Advocacy Services | Ian Grimwood | 01932 875 116 / 07903708406 | sian.barnett@seap.org.uk |
| Redbridge | VoiceAbility | Staffan Dawkins | 02085974026 | ian@matrixdt.com |
| Redcar & Cleveland | Skills for People | Gemma Hill | 0191 281 7322 | staffan.dawkins@speakingup.org |
| Richmond upon Thames | Kingston Advocacy Group | Helen Clarke | 020 8549 1028. | gemma.hill@skillsforpeople.org.uk |
| Rochdale | Rochdale and District Mind | Tricia Hornby | 01706 340800 / 01706 752350 | imca@rochdalemind.org.uk |
| Rotherham | VoiceAbility | Heidi Baum / Corrina Ward | 01226776851 / 0845 650 0081 | imca@kaq.org.uk |
| Rutland | PoHwer | Theresa Oldman | 07848 005 762 | heidi.baum@speakingup.org;corrina.ward@speakingup.org |
| Salford | North West Advocacy Service | Kevin Chan | 07837337048 / 0845 680 0513 | t.oldman@pohwer.net |
| Sandwell | PoHwer | Theresa Oldman | 07848 005 762 | K.Chan@nwas.org.uk |
| Sefton | Advocacy Experience | Lucy McPherson | 0844 8002776 | t.oldman@pohwer.net |
| Sheffield | VoiceAbility | Heidi Baum / Corrina Ward | 01226776851 / 0845 650 0081 | lmcperson@advocacyexperience.com |
| Shropshire | PoHwer | Phillipa Bayfield | 01438 727 192 | heidi.baum@speakingup.org;corrina.ward@speakingup.org |
| Slough | Matrix Advocacy Services | Ian Grimwood | 01932 875 116 / 07903708406 | p.bayfield@pohwer.net |
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|------------------------------|--|---------------------------------|-------------------------------|--|
| Solihull | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Somerset | Advocacy in Somerset | Becky Facey | 07809387785 / 0844 800 1041 | becky.facey@advocacyinsomerset.org.uk |
| South Gloucestershire | Advocacy Services @ The Care Forum | Jo Stokes / Gary Underhill | 0117 965 4444 | imca@thecareforum.org.uk |
| South Tyneside | Your Voice Counts | Pat Tatters | 0191 478 6472 | pat.tatters@yvc.org.uk |
| Southampton | Choices Advocacy | Claire Royall | 023 8033 7735 | claire@choices-advocacy.org.uk |
| Southend | Together for Mental Wellbeing | Sandra MacQuaid | 01702 349 191 | pm-southendadvocacy@together-uk.org |
| Southwark | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
| St Helens | North West Advocacy Service | Kevin Chan | 07837337048 / 0845 680 0513 | K.Chan@nwas.org.uk |
| Staffordshire | ASIST | Douglas Amour / Wendy Cantliffe | 01782 845 584 | wendyc@asist.co.uk |
| Stockport | Advocacy Experience | Lucy McPherson | 0844 8002776 | lmcpherson@advocacyexperience.com |
| Stockton-on-Tees | Skills for People | Gemma Hill | 0191 281 7322 | gemma.hill@skillsforpeople.org.uk |
| Stoke-on-Trent | ASIST | Douglas Amour / Wendy Cantliffe | 01782 845 584 | wendyc@asist.co.uk |
| Suffolk | Optua | Mark Farley | 01449 771590 | imca@optua.org.uk |
| Sunderland | Age UK Sunderland | Vicky Johnson-Dale | 0191 514 1131 | advice_services_manager@ageuksunderland.org.uk |
| Surrey (West) | Just Advocacy | Jennifer Kelsey | 01483 527 759 | jennifer.kelsey@justadvocacy.org.uk |
| Surrey (East) | Kingston Advocacy Group | Helen Clarke | 020 8549 1028. | imca@kag.org.uk |
| Sutton | VoiceAbility | Kristian Tizzard | 0207 738 4235 / 0845 0175 198 | kristian.tizzard@advocacypartners.org |
| Swindon | Swindon Mind | Kathleen Aitken / Anne Easter | 01793 43 20 31 | imca@swindonmind.org |
| Tameside | Advocacy Experience | Lucy McPherson | 0844 8002776 | lmcpherson@advocacyexperience.com |
| Telford and Wrenkin | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Thurrock | Thurrock Mind | Lynne Evans | 01375 391411 | levans@thurrockmind.org.uk |
| | VoiceAbility | Reiz Evans | 07985 924 102 | reiz.evans@speakingup.org |
| Torbay | Age UK | Deeette Short | 07525126967 / 08452 311900 | imca.devon@nhs.net |
| | Living Options | Deeette Short | 07525126967 / 08452 311900 | d.short@ageukdevon.co.uk |
| Tower Hamlets | VoiceAbility | Kristian Tizzard | 0207 738 4235 / 0845 0175 198 | kristian.tizzard@advocacypartners.org |
| Trafford | North West Advocacy Service | Roxanne Lowaq | 07837337048 / 0845 680 0513 | K.Chan@nwas.org.uk |
| Wakefield | Together for Mental Wellbeing | Fiona Flanagan / Tracy Hudson | 01924 361050 | kirkleeswakefieldimca@together-uk.org |
| Walsall | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Waltham Forest | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
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| West Berkshire | Matrix Advocacy Services | Ian Grimwood | 01932 875 116 / 07903708406 | ian@matrixsd.com |
| West Sussex | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Westminster | Cambridge House | Martin Humes | 020 7358 7000 ext 255 | mhumes@ch1889.org |
| Wigan | Wigan Family Welfare | Sue Mapson | 01942 867 888 | smapson@wiganfamilywelfare.co.uk |
| Wiltshire | SWAN | Jane Tale | 01722 341 851 | mail@swanadvocacy.org.uk |
| Windsor & Maidenhead | Matrix Advocacy Services | Ian Grimwood | 01932 875 116 / 07903708406 | ian@matrixsd.com |
| Wirral | Wirred | Carol Lewis/ Diane Jones | 0151 670 1500 | contact@wirred.me.uk |
| Wokingham | Matrix Advocacy Services | Ian Grimwood | 01932 875 116 / 07903708406 | ian@matrixsd.com |
| Wolverhampton | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| Worcestershire | PoHwer | Theresa Oldman | 07848 005 762 | t.oldman@pohwer.net |
| York | Cloverleaf Advocacy | June Gill | 01924 454875 | june.gill@cloverleaf-advocacy.co.uk |
| Local Authority WALES | Awarded Contract | Lead Contact | Telephone | Email |
| Anglesey | North Wales Advice and Advocacy Service | Caroline Campbell/Sorrel Smith | 01286 669 569 | nwadvocacy@fsmail.net |
| Blaenau Gwent | Mental Health Matters | John Kirkham | 02920 888901 | john.kirkham@mcawales.org ; john.kirkham@mhmwales.org |
| Bridgend | Mental Health Matters | Peter Wakeford | 01656 738750 | peter.wakeford@mhmwales.org |
| Caerphilly | Mental Health Matters | John Kirkham | 02920 888901 | john.kirkham@mcawales.org ; john.kirkham@mhmwales.org |
| Cardiff | Mental Health Matters | John Kirkham | 02920 888901 | john.kirkham@mcawales.org ; john.kirkham@mhmwales.org |
| Carmarthenshire | 3 Counties IMCA Service | Chris Lacey | 01437 763377 | imca@3countiesimca.org.uk |
| Ceredigion | 3 Counties IMCA Service | Chris Lacey | 01437 763377 | imca@3countiesimca.org.uk |
| Conwy | Advocacy Experience Ltd | Lucy McPherson | 0844 8002776 | lmcpherson@advocacyexperience.com |
| Denbighshire | Advocacy Experience Ltd | Lucy McPherson | 0844 8002776 | lmcpherson@advocacyexperience.com |
| Flintshire | Advocacy Experience Ltd | Lucy McPherson | 0844 8002776 | lmcpherson@advocacyexperience.com |
| Gwynedd | North Wales Advice and Advocacy Service | Caroline Campbell/Sorrel Smith | 01286 669569 | nwadvocacy@fsmail.net |
| Merthyr Tydfil | Mental Health Matters | John Kirkham | 02920 888901 | john.kirkham@mcawales.org ; john.kirkham@mhmwales.org |
| Monmouthshire | Mental Health Matters | John Kirkham | 02920 888901 | john.kirkham@mcawales.org ; john.kirkham@mhmwales.org |
| Neath Port Talbot | Mental Health Matters | Peter Wakeford | 01656 738750 | peter.wakeford@mhmwales.org |
| Newport | Mental Health Matters | John Kirkham | 02920 888901 | john.kirkham@mcawales.org ; john.kirkham@mhmwales.org |
| Pembrokeshire | 3 Counties IMCA Service | Chris Lacey | 01437 763377 | imca@3countiesimca.org.uk |
| Powys | Brecknock and Radnor CHC Montgomery CHC | Shanaz Dorkenoo John Howard | 01874 624206 01686 627632 | shanazdorkenoo@breconchc.org.uk info@montchc.org.uk |
| Rhondda Cynon Taf | Mental Health Matters | John Kirkham | 02920 888901 | john.kirkham@mcawales.org ; john.kirkham@mhmwales.org |
| Swansea | Mental Health Matters | Peter Wakeford | 01656 738750 | john.kirkham@mcawales.org ; john.kirkham@mhmwales.org |
| Torfaen | Mental Health Matters | John Kirkham | 02920 888901 | john.kirkham@mcawales.org ; john.kirkham@mhmwales.org |
| Vale of Glamorgan | Mental Health Matters | John Kirkham | 02920 888901 | john.kirkham@mcawales.org ; john.kirkham@mhmwales.org |
| Wrexham | Wirred | Carol Lewis/ Diane Jones | 0151 670 1500 | contact@wirred.me.uk |